

## Level 2 Certificate in Counselling Skills - Cost: Course Fees £820 plus Registration Fee £174.

Start Date: September 2023

End Date: June 2024

**Interviews: Via ZOOM – TBC – we need your Application form before this date. (Allow at least 2 hours for this as we hold an overview session with Q&A before 1-1 interviews).**

**\*\*\*Please either scan / copy / show I.D, Passport, driving licence etc.\*\*\***

Venue: (Ground Floor) St. Phillips Courtyard, Church Hill, Coleshill, Birmingham, B46 3AD.

### Introduction

This is a CPCAB Validated Course and is for people over 18 who want to learn counselling skills to help others either in a voluntary or paid role, such as teachers, carers, mentors, nurses, and those who want to find out more about this field or begin to train as a counsellor. The course focusses on developing the practical use of skills, and personal development. It does not qualify you to practice as a professional counsellor.

The CSK-L2 qualification is one step in a series of CPCAB qualifications. Once you have completed this qualification you may wish to begin training to become a counsellor, in which case the next step on from CSK-L2 is CPCAB's *Level 3 Certificate in Counselling Studies (CST-L3)*. Progression is not automatic.

### Awarding Body

Counselling & Psychotherapy Central Awarding Body. [www.cpcab.co.uk](http://www.cpcab.co.uk)

CPCAB is a UK awarding body that is managed by professional counsellors, trainers, and supervisors. It is the only awarding body in Europe to specialise in the field of counselling. It is one of the largest awarding bodies in this field, with about 130 Recognised training centres across the UK (it also has some training centres in other countries) and around 11,000 candidates register with them annually. Find out more at [www.cpcab.co.uk](http://www.cpcab.co.uk)

### What will I study?

Course Objectives: You will work towards developing skills, knowledge and understanding of 7 units: Using counselling skills ethically and safely, establishing and sustaining the boundaries of the helping role, working empathically as a helper, focussing on the helpee's needs and concerns, using self-awareness in helping work, using a range of counselling skills to facilitate the helping interaction, using feedback and reflection to enhance counselling skills.

We offer a blended learning approach which allows you to build in skills of using IT within your training. Some weeks you will be in class and some weeks you will be on-line using Zoom. **You will be given a schedule which helps map your training.**

**For enrolment, enquiries, or further information**

**email:** [ev\\_clarke@hotmail.com](mailto:ev_clarke@hotmail.com) **or WhatsApp: 07712 891047**

### **Entry Requirements**

Age 18 or over. No specific previous training or experience required, although you will be asked to attend a brief, informal interview. Selection for enrolment may include factors such as: *Ability to cope with course content - willingness to be open to others to self, and to learning - ability to benefit from self- development, - motivation towards developing as a helper - emotional stability - awareness of difference and diversity.*

### **Attendance**

80% attendance is required each term to successfully complete the qualification which involves 90 guided learning hours, delivered as per the timetable / schedule.

### **Assessment**

Your learning will be assessed formatively by your tutors, your peers, and reflective self- review. You will also be required to build a portfolio of evidence of your learning which will form the final internal assessment. In addition to this you will be externally assessed by the awarding body under exam conditions.

**Disclaimer:** Coleshill Counselling Service has taken care to ensure this information is as accurate as possible at the time of publication. It is intended as a general guide to the Centre's courses and forms no part of a contract. The Centre accepts no liability and reserves the right to make changes to course information or withdraw without notice any of the programmes described.

[www.coleshillcounsellingservice.com](http://www.coleshillcounsellingservice.com)

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