

COLESHILL COUNSELLING SERVICE

CPCAB APPROVED TRAINING CENTRE



BACP Approved Practitioner Level 4 Diploma in Therapeutic Counselling (Person Centred) 2024-2026

Cost: Course Fees £2300 plus Registration Fee £400 = £2700. (Per Year)

Tuesday evenings: 4pm – 9pm = 34 weeks, plus 4 weekends (Sat & Sun)

Term time. 2 Year, part time course

Start Date: September 2024.

End Date: July 2026 – 2nd year starts September 2025

Interviews: May 2024 – Date TBA

Venue: Coleshill, Birmingham

(Allow at least 2 hours for this as we hold an overview session with Q&A before 1-1 interviews).

Introduction

This is a CPCAB Validated Course and is for people over 19 who have already completed **both** the CPCAB *Level 2 Certificate in Counselling skills*, and CPCAB *Level 3 Certificate in Counselling studies* or their RPL (prior learning) equivalent and wish to train to become a counsellor working in a counselling service agency. Successful completion of this course means that the trainees will be able to provide a therapeutic counselling service within the context of an agency's service framework.

Successful candidates may progress onto CPCAB's:

- ✓ Level 5 Diploma in Psychotherapeutic Counselling (PC-L5)
- ✓ Level 5 Diploma in Cognitive Behavioural Therapeutic Skills & Theory (CBT-L5)
- ✓ Level 6 Certificate in Therapeutic Counselling Supervision (TCSU-L6)
- ✓ Open University Foundation Degree in Counselling

Assessment

Tutor assessment of candidate portfolio evidencing minimum assessment requirements. No External assessment in Year 1.

**To apply or to make enquiries please WhatsApp: Ev Clarke 07712 891047.
email:**

ev_clarke@hotmail.com

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Additional assessment requirements

Externally assessed audio/video recording of counselling session with a peer, plus a written associated paper / case Study taken under exam conditions. (subject to change)

Personal counselling or therapy

A minimum of 25 hours of personal therapy usually divided into 10 hours in year 1 and 15 hours in year 2. Tutors may suggest additional personal therapy as part of an individual development plan where appropriate, or as part of a concern where a candidate is not evidencing sufficient personal development or awareness. Candidates may experience a significant life event during the course where additional therapy may be the appropriate support required given the nature of their training.

Client work requirements

A minimum of **120** formally contracted and appropriately supervised counselling hours (one-to-one) including a **generic mix of client groups**. Where trainees are working in an agency which works with a specific client group, a further placement may be required to enable experience of working with a diverse range of clients. A maximum of **49** hours can be gained from On-line / phone counselling. Additional training in this area will be available to complete. Where trainees have not achieved 50hours client work by the start of year 2 they will be asked to attend a concern meeting. (if not already discussed with tutors).

Supervision requirements

Minimum of 1.5 hours per month, with a suitably qualified/experienced supervisor working clearly within the Person-Centred model. Their CV will be required before you start to work with your supervisor.

Where / if supervision is offered within the agency setting, this must not be with the agency manager or a line manager who holds clinical responsibility for your work.

Staffing and assessment

At least two tutor-assessors will be involved in all aspects of internal candidate assessment.

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Awarding Body - Counselling & Psychotherapy Central Awarding Body.www.cpcab.co.uk

CPCAB is a UK awarding body that is managed by professional counsellors, trainers and supervisors. It is the only awarding body in Europe to specialise in the field of counselling. It is one of the largest awarding bodies in this field, with about 130 Recognised training centres across the UK (it also has some training centres in other countries) and around 11,000 candidates register with them annually. Find out more at www.cpcab.co.uk

What will I study?

7 mandatory units:

- ✓ Working ethically, safely and professionally as a counsellor (R/600/9346)
- ✓ Working within a counselling relationship (T/600/9355)
- ✓ Working with client diversity in counselling work (J/600/9358)
- ✓ Working within a user-centred approach to counselling (F/600/9472)
- ✓ Working with self-awareness in the counselling process (H/600/9478)
- ✓ Working within a coherent framework of counselling theory and skills (K/600/9482)
- ✓ Working self-reflectively as a counsellor (F/600/9486)

Entry Requirements

Age 19 or over. Candidates must have achieved both CPCAB's *Level 2 Certificate in Counselling Skills* (CSK-L2) and CPCAB's *Level 3 Certificate in Counselling Studies* (CST-L3), or their RPL (prior learning) equivalent.

You will be invited to attend a formal interview which will require a supporting reference from your level 3 tutor.

Selection for enrolment will also include factors such as:

Identifying reasons for training beyond personal development

Academic & emotional ability to cope with this level of training.

Willingness and sufficient openness to work with difference and diversity.

Personal qualities such as warmth, imagination, intuition, openness, integrity, transparency, and the ability to benefit from self-development.

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Ability to form and sustain a therapeutic relationship.

Self-awareness, insight, honesty, and the ability to make links.

Emotional stability/evidence that this is the right time for training and sufficient support is in place.

Ability to challenge and be challenged without being personally diminished.

Ability to respond sensitively and empathically to others.

Capability to begin working with clients within an agency setting once assessed as ready to do so.

Active search for placement to begin work with clients during Yr1 of the programme.

Attendance

A minimum of 80% attendance **each term** is required to successfully complete the qualification which involves 210 guided learning hours **per year**, delivered weekly between September 2024 and July 2026

All application forms should be returned as early as possible.

Disclaimer

Coleshill Counselling Service has taken care to ensure this information is as accurate as possible at the time of publication. It is intended as a general guide to the Centre's courses and forms no part of a contract. The Centre accepts no liability and reserves the right to make changes to course information or withdraw without notice any of the programmes described.

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