

Coleshill Counselling Service

Diploma in Psychotherapeutic Counselling – CPCAB PC-L5

Cost £2000 – plus CPCAB Registration fee £344 = £2344

1 weekend per month 10 am – 4 pm – On-Line via Zoom

Starting January 14th & 15th 2023

Over 10 weekends – ending September 2023.

(All classes are depending on adequate numbers of 10 or over)

Interview Date: TBC on receipt of Application form – via Zoom

Please register your interest asap

Introduction

This is a CPCAB Validated Course and is for people over 19 who have already completed the CPCAB *Level 4 Diploma in Therapeutic Counselling* or its RPL (prior learning) equivalent and wish to continue to develop their understanding and skills to:

- *Establish and maintain an appropriate framework for independent autonomous practice*
- *Practice autonomously as a professional counsellor in one or more settings*
- *Develop their proficiency to work with clients at CPCAB Service Level B2*
- *Deepen their ability to work with the counselling relationship*
- *Develop their proficiency in one particular counselling approach*
- *Facilitate understanding of working in health settings*
- *Carry out client assessments (including identifying and referring clients with severe and complex mental health problems).*

Successful candidates may progress onto:

- *The Open University's Foundation Degree in Counselling or*
- *CPCAB's Level 6 Certificate in Therapeutic Counselling Supervision (TCSU-L6) provided they have acquired at least one year (part-time) of post PC-L5 supervised client work.*

Assessment

Tutor assessment of candidate portfolio evidencing minimum assessment requirements.

Additional assessment requirements

Externally assessed case review (3,000 –3,500 words)

Personal counselling or therapy

Candidates need to have completed a minimum of 40 hours of personal counselling by the end of the course. This can include hours undertaken prior to the start of the course but at least 10 hours of personal therapy must be undertaken during the training year itself.

Client work requirements

A minimum of 60 hours of formally- contracted counselling (one-to-one) including client assessment.

Supervision requirements

Supervision – one-to-one supervision – to meet BACP minimum requirements.

Staffing and other resources

At least two tutor-assessors will be involved in all aspects of internal candidate assessment.

Awarding Body - Counselling & Psychotherapy Central Awarding Body. www.cpcab.co.uk
www.cpcab.co.uk

For enrolment or to make enquiries please call: Ev Clarke: 07712891047

email: ev_clarke@hotmail.com

www.coleshillcounsellingservice.com

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What will I study?

Course Objectives: You will work towards developing skills, knowledge and understanding of 7 units:

1. Work safely, legally, and ethically as an independent counsellor
2. Work with complex aspects of the counselling relationship
3. Use theory and research to work with client diversity in independent practice
4. Use a coherent approach to respond to the needs of individual clients
5. Work with self-awareness as an independent practitioner
6. Use theory, research, and skills within a coherent framework for independent counselling practice
7. Monitor and maintain professional effectiveness as a counsellor in independent practice

Entry Requirements

Age 19 or over. Candidates must have achieved the CPCAB *Level 4 Diploma in Therapeutic Counselling* (TC-L4) or its RPL equivalent (minimum 420 Guided Learning Hours), in addition to appropriate pre-TC-L4 (or equivalent) training. You will be asked to attend an informal interview and may require a supporting reference from your level 4 tutor.

Selection for enrolment may include factors such as:

Ability to identify reasons for training beyond personal development, Academically and emotionally able to cope with this level of training, Ability/willingness to work with difference and diversity, possess personal qualities, imagination, intuition, openness, and ability to benefit from self-development, Ability to form a therapeutic relationship, Have self-awareness, insight, honesty and the ability to make links, Emotional stability, Ability to challenge and be challenged, Ability to respond sensitively and empathically to others, Professional qualities required for autonomous practice.

Attendance

A minimum of 80% attendance is required to successfully complete the qualification which involves 120 guided learning hours, delivered monthly.

Disclaimer

Coleshill Counselling Service has taken care to ensure this information is as accurate as possible at the time of publication. It is intended as a general guide to the Centre's courses and forms no part of a contract. The Centre accepts no liability and reserves the right to make changes to course information or withdraw without notice any of the programmes described.

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